Did You Know...

Hunger Hurts.

- **More than 314,000 people – including over 89,000 children - are food insecure in the Food Bank's 11-county service area, meaning they do not get enough food to live an active, healthy life.**

- **Hunger's consequences include increased health, education, and other costs, making Pennsylvania's most recent "hunger bill" an astounding $6.12 billion.**

- **Hungry children are three times more likely to suffer poor health and two times more likely to need special education than children who get enough to eat.**

- **Hungry seniors are five times more likely to experience depression and twice as likely to be diabetic. 30 percent of elderly individuals are forced to make the hard choice of paying for food or paying for medicine due to their limited, fixed income.**

The Food Bank Helps.

- **The Food Bank distributed more than 27.4 million pounds of food, including almost 1 million pounds of fresh local produce, in fiscal year 2011-12. This helped feed approximately 120,000 people each month.**

- **Last year the Food Bank served an average of 3,195 *new* households every month (no previous pantry use for at least 12 months).**

- **12,717 volunteers contributed 72,936 hours to help the Food Bank accomplish its mission in fiscal year 2011-12. These hours equal the work of 35 full-time employees.**

- **More than 40,500 recipes with cooking tips and nutrition information were distributed along with food last year to the people we serve.**

GREATER PITTSBURGH community food bank
A member of Feeding America™

Donate. Volunteer. Speak Out.

IF YOU OR ANYONE YOU KNOW NEEDS FOOD ASSISTANCE, CALL 412-460-FOOD EXT. 456 OR VISIT WWW.PITTSBURGHFOODBANK.ORG FOR MORE INFORMATION ABOUT THE FOOD BANK.